



## [PRACTICE NO.1]

### Best Practice-I: Preservation of the Region's Cultural Heritage

#### 1. Title of the Practice: Preservation of the Region's Cultural Heritage

#### 2. Objectives of the Practice:


- To give an opportunity for students to demonstrate their skills in traditional cultural heritage.
- To keep local dialects' traditional songs alive.
- To instil a sense of pride and dignity for the local culture.
- To recruit a growing number of students to serve as cultural ambassadors in their communities.
- To keep traditional dance and dancing moves alive.

#### 3. The Context:

The institution is located in the Sirmour district of Himachal Pradesh, in the Trans-Giri region. The ethnic group known as Hatti dominates the population of the area. The residents of the area have long argued that they should be included in the schedule tribe area due to the area's tough geographical position and topography, as well as the fact that they are an isolated, culturally and ethnically diverse collection of people. The Hatti people in Uttarakhand's adjoining region have already been granted Schedule Tribe status, although this is not the case for those living in Himachal Pradesh. A particular day should be commemorated, with a focus on local cultural events relating to the Hatti region. Apart from that, the students

#### 4. The Practice:

In keeping with best practise, the institute hosts a cultural festival known as GIRI SPANDAN, which is named after the region's most famous river, Giri. Every year, a cultural event is held with a focus on the presentation of local culture and languages. Prior to the eve, students who volunteer for cultural activities are educated by experts (both in-house and regional specialists) and further nurtured in their understanding of ethnic dance and song customs. Traditional songs and dance moves such as laaman, Gee, Gangi, Jhuri, Rasa, Dhooda, Mala, and Bharthari are encouraged to be used in the presentations.

  
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As a token of appreciation, the finest performers are honoured during the college's annual day function. Simultaneously, the college folk dance team, which consists of ethnic dancers and accompanying vocalists who are specially trained in ethnic folk music, participates in local and state-level events on a regular basis. The squad performs every year on the eve of August 15th (Independence Day) in the parade ground of Sangrah, as well as at the International Renuka Fair held at Renuka Ji.

### **5. Evidence of Success:**

As a consequence of this campaign, the Hatti community's ethnic culture is well known throughout Himachal Pradesh. In the last five years, students from the college folk team have placed third three times in the annual intercollegiate folk dancing competition hosted by HP University Shimla. The college is currently known not just for its academic values, but also for its rich cultural history and the efforts made to preserve and improve it. The pupils are now actively participating in all cultural activities that include traditional cultural values, ultimately creating a sense of pride for their cultural values and passing it on as a rich and precious inheritance for future generations.

### **6. Problems Encountered and Resources Required:**

During the early stages of the practice's implementation, the number of students who came forward was relatively low. This was owing to the residents of the area's shy temperament, which tries to keep them hidden from the spotlight of glamour and exposure. Due to conservative societal and family beliefs, mobilising and motivating female students to participate in such events was extremely challenging. The second issue we found was with the basic facility and cash. Basic instruments, traditional folk dancing outfits, and accompanying materials were in short supply at the college.

  
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## (PRACTICE NO.2)

### **Best Practice-II: Campaigns to Raise Public Awareness on Social and Local Issues**

**1. Title of the Practice:** Campaigns to Raise Public Awareness on Social and Local Issues

#### **2. Objectives of the Practice:**


- As a higher education institution, we have a moral responsibility to contribute to the well-being of society.
- To instil a sense of belonging to society and the country as a whole.
- In terms of extension activity, to bridge the gap between society and the Institute.
- To instil in them a sense of social responsibility.
- Creating a sense of unity among the pupils and strengthening their bonds.

#### **3. The Context:**

As earlier mentioned, the location is geographically located in extremely tough terrain, and the soil in the vicinity is not fertile, with very little rainfall. Because of these factors, the only source of income for the residents of the area was daily labourers in the area or elsewhere in the state. In comparison to the rest of the state, the area's literacy rate was extremely low. Sirmour district was previously the least literate district in Himachal Pradesh, and it is still among the state's bottom three least literate districts today. People in the neighbourhood are unaware of numerous societal difficulties as a result of these factors.

#### **4. The Practice:**

On a regular basis, the institute promotes numerous awareness efforts among students and the surrounding community on a variety of social topics. This includes a gender sensitization campaign in which college students participate in a demonstration, holding a play card with a gender sensitization slogan inscribed on it, and then travel the town yelling slogans about the same concerns and imploring others not to discriminate between boys and girls.

  
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The kids also participated in a drug abuse and prevention campaign, in which they marched around town brandishing play cards and yelling slogans about drug misuse and the detrimental effects of alcohol consumption. The On the night of NSS Day, college students perform skits on the problem of booze usage and its consequences. They have also contributed to programmes such as Beti bachao and Beti pado, voter awareness campaigns, and so on. With the aid of the NGO PAPAN, the college has made a substantial contribution to raising awareness about the issue of child marriage among students and the general public (People in action for people in need). To end the practise of social untouchability (due to the remote location of the area and the low literacy rate, as well as certain social dogmas), and to promote harmony and strengthen bonds among students of various castes and creeds, a community lunch is served at various events organised in the area.

## 5. Evidence of Success:

The efforts are bearing the fruits with the passage of time. In comparison to previous phases, students today are more enthusiastic in participating in events related to social concerns. The message is carried forward by the students and disseminated among family members and society as a result of the mass movements conducted by the college from time to time. Untouchability has dropped dramatically, but child marriages and gender inequality have declined significantly. The residents in the area are now more aware of the consequences of consuming alcoholic beverages. There has been a significant reduction in the number of female students dropping out of high school and college.

## 6. Problems Encountered and Resources Required:

The institute has enough staff to organise such social awareness activities, but the society's conventional attitude would not embrace the freshly floated notions of social and gender fairness. However, as time passed and students and institutes continued to work hard, a wind of change began to blow in the society.

  
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## EVIDENCES OF BEST PRACTICES 1&2



People from Hatti Community addressing the students about the cultural heritage



  
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**Folk Dance Team Received 2nd Position in HPU Youth Festival Group-III Held at G.C. Hamirpur**

## फोक डांस में छाया संगड़ाह

### युवा समारोह प्रतियोगिता के दौरान प्रदेश भर में दूसरा स्थान

श्री प्रकाश, संगड़ाह

जो कि छाया संगड़ाह द्वारा आयोजित युवा समारोह में लोक नृत्य प्रतियोगिता में संगड़ाह महाविद्यालय टीम में दूसरे स्थान पर रहा तथा फोक डांस को संगड़ाह पहुंची फोक डांस टीम का स्वागत लोगों ने गर्मजोशी के साथ स्वागत किया।

संगड़ाह में खुले इस दिवसी कार्यक्रम में प्र. प्रकाश व अन्य मूलभूत सुविधाओं के कारण नृत्य स्थायी छाया संगड़ाह अपनी प्रतिष्ठित व महान के कारण इसमें पूर्व वर्ष 2008 में लोक नृत्य में उत्कृष्ट सेवा में रहे तथा 2010 में प्रदेश में प्रथम स्थान पर रहे।

लोक नृत्य के बाद इस बार भी लोक नृत्य प्रतिष्ठान में इस कार्यक्रम को लक्ष्मीकांत फॉलोइड अथवा उत्कृष्ट करने में रही हैं। कार्यक्रम के आयोजक डा. हरदीप अग्रवाल तथा पीटीए, संगड़ाह अधिपति एनसी प्रसाद व एससीए अग्रवाल नीलम ने कार्यक्रम के अंत में लोक नृत्य के छात्र-छात्राओं को लोक नृत्य निदेशक एवं कारिगारों को एसएल फरदान तथा प्र. सरला साकुर को बधाई दी।

राज्य सरकार के औपचारिक स्वागत को पहुंचे स्थानीय लोगों तथा कालेज इंचार्ज को खुद लोगों ने बताया कि सोमवार को लोक नृत्य दल के छात्रों को सहभागी अथवा फिर दिया जाएगा।



## लोक नृत्य दल का किया स्वागत

संगड़ाह - अंतर महाविद्यालय लोक नृत्य प्रतियोगिता में संगड़ाह कालेज प्रदेश में तीसरे स्थान पर रहा। महाविद्यालय के लोक नृत्य दल के छात्र-छात्राओं के सोमवार को संगड़ाह पहुंचने पर कालेज प्रशासन, पीटीए व केंद्रीय छात्र परिषद द्वारा उनका गर्मजोशी से स्वागत किया गया। इस अवसर पर कालेज में उनके सम्मान में टी पार्टी भी रखी गई।

महाविद्यालय के प्राचार्य दिनेश भारद्वाज व प्रो. विनोद, प्रो. अंबरा तथा प्रो. रश्मि आदि प्राध्यापकों ने छात्र-छात्राओं को अंतर महाविद्यालय प्रतियोगिता में तीसरे स्थान पर रहने पर बधाई दी। गत तीन से छह अक्टूबर तक राजकीय महाविद्यालय नेरवा में ग्रुप-3 की उक्त प्रतियोगिता आयोजित हुई तथा इसमें हिमाचल के 38 महाविद्यालयों



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